

THERAPY POOL SCHEDULE September 2- November 22, 2008

FAMILY SWIM POLICIES Children 6 years and under must have an adult 18 years or older in the water with them at all times.

Children wearing floatation devices must have an adult within reach at all times.

Children 7-12 years old must be signed in with the lifeguard by a parent or guardian 18 years or older.

The parent or adult 18 years or older signing the youth into the pool must remain in the building at all times.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
OPEN AT NOON	6:15 – 7AM AEROBICS	6:00-8:30AM ADULT	6:15-7AM AEROBICS	6:00-8:30AM ADULT	6:15-7AM AEROBICS	CLOSED <div style="border: 1px solid black; padding: 5px; margin: 5px;"> 25 Yard Pool 82 Degrees Shallow 3 1/2 ft / Deep 10 ft Therapy Pool 90 Degrees floor goes to depth of 6 ft </div>	
	7-7:30AM ADULT		7-7:30AM ADULT		7-7:30AM ADULT		
	7:30-8:15AM AEROBICS		7:30-8:15AM AEROBICS		7:30-8:30AM AEROBICS		
	8:30-9AM ADULT	8:30-9AM DEEP WATER	8:30-9AM ADULT	8:30-9AM DEEP WATER	8:30-9AM ADULT		
	9-9:45AM TWINGES		9-9:45AM SILVERSPLASH		9-9:45AM SILVERSPLASH		9-9:45AM TWINGES
	10-10:30AM FAMILY	10-10:30AM FAMILY	10-10:30AM FAMILY	10-10:30AM FAMILY	10-10:30AM FAMILY		10-11AM SWIM LESSONS
	10:30-11AM SWIM LESSONS	10:30-11AM SWIM LESSONS	10:30-11AM SWIM LESSONS	10:30-11AM LEMONTREE LESSONS	10:30-11AM LEMONTREE LESSONS		
	11-11:45PM TWINGES	11-11:45PM TWINGES	11-11:45PM TWINGES	11-11:45PM TWINGES	11-11:45PM TWINGES		11-11:45 SILVERSPLASH
12-1PM ADULT	12-1:30PM ADULT	12-1:30PM ADULT	12-1:30PM ADULT	12-1:30PM ADULT	11-12:30 ADULTS		
1-4PM FAMILY	MONDAY – FRIDAY POOL IS CLOSED 1:30-3:30PM					12:30-2PM FAMILY	
	MONDAY – FRIDAY POOL IS CLOSED 1:30-3:30PM					2-3PM PARTY RENTAL	
4-5PM PARTY RENTAL	3:30-4:30PM FAMILY	3:30-4:15PM AEROBICS	3:30-4:30PM FAMILY	3:30-4:15PM AEROBICS	3:30-8:30PM FAMILY	CLOSED	
	CLOSED	4:50-5:20PM SWIM LESSONS	4:50-5:55PM SWIM LESSONS	4:50-5:20PM SWIM LESSONS			4:50-5:55PM SWIM LESSONS
		5:30 – 6:15PM AEROBICS	6:15 -7:00PM AEROBICS	5:30 – 6:15PM AEROBICS			6:15 -7:00PM AEROBICS
	6:15 – 7:00PM ADULT SWIM/ ADULT SWIM LESSONS	6:15 – 7:00PM ADULT SWIM/ ADULT SWIM LESSONS					
	7-7:30PM SWIM LESSONS	7-7:30PM SWIM LESSONS	7-7:30PM SWIM LESSONS	7-7:30PM SWIM LESSONS			7-7:30PM SWIM LESSONS
	7:30-8:30PM FAMILY	7:30-8:30PM FAMILY	7:30-8:30PM FAMILY	7:30-8:30PM FAMILY			7:30-8:30PM FAMILY
	MONDAY – FRIDAY CLOSED AT 8:30 PM						



25 YARD POOL SCHEDULE September 2- November 22, 2008

FAMILY SWIM POLICIES Children 6 years and under must have an adult 18 years or older in the water with them at all times.
 Children wearing floatation devices must have an adult within reach at all times.
 Children 7-12 years old must be signed in with the lifeguard by a parent or guardian 18 years or older.
 The parent or adult 18 years or older signing the youth into the pool must remain in the building at all times.

25 Yard Pool
 82 Degrees
 Shallow 3 1/2 ft / Deep 10 ft
Therapy Pool
 90 Degrees
 floor goes to depth of 6 ft

SUNDAY	MONDAY	TUEDAY	WEDNESDAY	THURDAY	FRIDAY	SATURDAY	
CLOSED OPEN AT NOON	6-9:30AM LAP	6-9:30AM LAP	6-9:30AM LAP	6-9:30AM LAP	6-9:30AM LAP	CLOSED	
	9:30-10:15AM AEROBICS All lanes	9:30-11AM OPEN	9:30-10:15AM AEROBICS All lanes	9:30-11AM OPEN	9:30-10:15AM AEROBICS All lanes		8-11AM LAP
10:15-10:45AM DEEP WATER EX Lanes 5-6 LAP lanes 1-4	10:15-10:45AM AQUASTEP Lanes 4-6 Lap lanes 1-3		10:30-11AM OPEN		11-12PM LESSONS		
12-1PM LAP All lanes	11AM-1:30PM LAP - All lanes	11AM-1:30PM LAP -All lanes	11AM-1:30PM LAP - All lanes	11AM-1:30PM LAP - All lanes	11AM-1:30PM LAP - All lanes	12-2PM FAMILY	
1-4PM FAMILY lanes 4-6 Lap lanes 1-3	MONDAY – FRIDAY POOL IS CLOSED 1:30-3:30PM					2-3PM PARTY RENTAL	
	3:30-4PM LAP	3:30-6PM LAP	3:30-4PM LAP	3:30-6PM LAP	3:30-6PM LAP	CLOSED	
4-4:45PM LESSONS lanes 1,2 5, 6 LAP lanes 3 & 4 (21 st Century Feb 25-Mar 26)	4-4:45PM LESSONS lanes 1,2 5, 6 LAP lanes 3 & 4 (21 st Century Feb 25-Mar 26)		3:30-6PM LAP		3:30-6PM LAP		
CLOSED	4:45-6PM LAP	6-6:45PM LESSONS All lanes	4:45-6PM LAP	6-6:45PM LESSONS All lanes	6-6:45PM LESSONS All lanes	6-8:30PM FAMILY	
	6-6:45PM LESSONS All lanes		6-6:45PM LESSONS All lanes				6-6:45PM LESSONS All lanes
	7-8:30PM FAMILY		7-8:30PM FAMILY				7-8:30PM FAMILY
MONDAY – FRIDAY CLOSED AT 8:30 PM							

Schedules may also be found on the web at <http://www.ymcabattlecreek.org> Consistently Low attendance of a class may cause changes to the current schedule Please secure all bags, coats, and belongings in a locker with a padlock. Questions? Contact Leslie Kinney, Aquatics 963-9622 ext 126