



## 25 YARD POOL SCHEDULE- SUMMER JUNE 18TH - JULY 8TH 2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:30-6:00AM (6) Lap Swim	5:30-9:30AM (6) Lap Swim	5:30-6:00AM (6) Lap Swim	5:30-9:30AM (6) Lap Swim	5:30-6:00AM (6) Lap Swim	8:00-11:00AM (6) Lap Swim	8:00-12:00PM (6) Lap Swim
6:00-8:00AM (5) Masters Practice (1) Lap Lane Open		6:00-8:00AM (5) Masters Practice (1) Lap Lane Open		6:00-8:00AM (5) Masters Practice (1) Lap Lane Open		
8:00-9:30AM (6) Lap Swim	9:30-10:30AM (5) Swim Lessons (1) Lap Swim	8:00-9:30AM (6) Lap Swim	9:30-10:30AM (5) Swim Lessons (1) Lap Swim	8:00-9:30AM (6) Lap Swim	11:00-12:00PM (6) Swim Lessons (0) Lap Swim	12:00-3:00PM (2) Family swim (4) Lap Lanes Open
9:45-10:30AM (4) Water Aerobics (2) Lap Lanes Open	10:30-11:00AM (2) Family Swim (4) Lap Lanes Open	9:45-10:30AM (4) Water Aerobics (2) Lap Lanes Open	10:30-11:00AM (2) Family Swim (4) Lap Lanes Open	9:45-10:30AM (4) Water Aerobics (2) Lap Lanes Open	12:00-3:00PM (2) Family swim (4) Lap Lanes Open	
10:15-4:00PM (6) Lap Swim	11:00-1:00PM (6) Lap Swim	10:15-4:00PM (6) Lap Swim	11:00-1:00PM (6) Lap Swim	10:15-4:00PM (6) Lap Swim	<p><b>PLEASE NOTE:</b> Schedules may also be found on the web at <a href="http://ymcabattlecreek.org">http://ymcabattlecreek.org</a></p> <p><b>25 Yard Pool is kept at 82 degrees.</b></p> <p><b>Shallow part of the pool is 3 1/2 ft. deep. Deepest part of the pool is 10 ft. deep</b></p> <p><b>Numbers in 0 indicate the number of lanes available for the activity listed.</b></p> <p><b>Questions? Contact Suzie McNees, Aquatics (269) 963-9622 ext. 126</b></p>	
	1:00-2:00PM (4) Swim Lessons (2) Lap Swim		1:00-2:00PM (4) Swim Lessons (2) Lap Swim			
	2:00-4:00PM (6) Lap Swim		2:00-4:00PM (6) Lap Swim			
4:00-8:30PM (2) Family Swim (4) Lap Lanes Open	4:00-8:30PM (2) Family Swim (4) Lap Lanes Open	4:00-8:30PM (2) Family Swim (4) Lap Lanes Open	4:00-8:30PM (2) Family Swim (4) Lap Lanes Open	4:00-8:30PM (2) Family Swim (4) Lap Lanes Open		

\*Please ask the front desk to see a copy of our pool rules.



# THERAPY POOL SCHEDULE- SUMMER JUNE 18TH - JULY 8TH 2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
5:30-6:00AM Adult Swim	5:30-9:00AM Adult Swim	5:30-6:00AM Adult Swim	5:30-9:00AM Adult Swim	5:30-6:00AM Adult Swim	8:00-9:00AM Adult Swim	8:00-12:00PM Family Swim	
6:00-7:00AM Water Aerobics		6:00-7:00AM Water Aerobics		6:00-7:00AM Water Aerobics			
7:00-7:30AM Adult Swim		7:00-7:30AM Adult Swim		7:00-7:30AM Adult Swim	7:00-7:30AM Adult Swim		9:00-10:00AM Water Aerobics
7:30-8:15AM Water Aerobics		7:30-8:15AM Water Aerobics		7:30-8:15AM Water Aerobics	7:30-8:15AM Water Aerobics		10:00-11:00PM Swim Lessons
8:15-9:00AM Adult Swim		8:15-9:00AM Adult Swim		8:15-9:00AM Adult Swim	8:15-9:00AM Adult Swim		11:00-12:00PM Family Swim
9:00-9:45AM Twinges and Hinges	9:00-11:00AM Family Swim	9:00-9:45AM Twinges and Hinges	9:00-10:30AM Family Swim	9:00-9:45AM Twinges and Hinges	12:00-2:00PM Adult Swim	12:00-2:00PM Adult Swim	
9:45-11:00AM Family Swim		9:45-11:00AM Family Swim		9:45-11:00AM Family Swim			
			10:30-11:00AM Swim Lessons		2:00-3:00PM Family Swim	2:00-3:00PM Family Swim	
11:00-11:45AM Twinges and Hinges	11:00-11:45AM Twinges and Hinges	11:00-11:45AM Twinges and Hinges	11:00-11:45AM Twinges and Hinges	11:00-11:45AM Twinges and Hinges			
11:45-2:00PM Adult Swim	11:45-2:00PM Adult Swim	11:45-2:00PM Adult Swim	11:45-2:00PM Adult Swim	11:45-2:00PM Adult Swim			
2:00-5:00PM Family swim	2:00-3:30PM Family swim	2:00-5:00PM Family swim	2:00-3:30PM Family swim	2:00-8:30PM Family swim	<b>PLEASE NOTE:</b> <b>All aerobics classes are family friendly, children 10 and older may attend and participate with an adult present.</b>  <b>Only persons over the age of 18 are allowed to swim during adult swim times.</b>  <b>Therapy Pool is kept at 92 degrees and is 4ft 7in deep all around.</b>  <b>Questions? Contact Suzie McNees, Aquatics (269) 963-9622 ext. 126</b>		
	3:30-4:00PM Adult Swim		3:30-4:00PM Adult Swim				
5:00-5:30PM Adult Swim	4:00-5:00PM Water Aerobics	5:00-5:30PM Adult Swim	4:00-5:00PM Water Aerobics				
5:30-6:30PM Water Aerobics	5:00-6:00PM Family Swim	5:30-6:30PM Water Aerobics	5:00-6:00PM Adult Swim				
6:30-8:30PM Family swim	6:00-7:00PM Water Aerobics	6:30-8:30PM Family swim	6:00-7:00PM Water Aerobics				
	7:00-7:45PM Pre-Natal Class		7:00-7:45PM Pre-Natal Class				
	7:45-8:30PM Family swim		7:45-8:30PM Family swim				