the YMCA

FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

goguac lake SWIM

The Battle Creek YMCA proudly present the **88th Goguac Lake Swim** which will take place at Goguac Lake (Willard Beach). Participants will swim 1.15 miles in open water, with times being recorded for overall and age bracket winners. Proceeds from the event will go to help teach kids to swim in our local YMCA "Begin to Swim Program".

REGISTRATION

- Monday, May 12, 2015 – Friday, July 17 at noon
- You may register the day of the event at Willard Beach (a $10 late fee will be added)
- All participants will receive a finishing medal

RACE DAY INFORMATION

- Race begins at Willard Beach (a public park) on the south side of Battle Creek
- 200-yard short course event begins at 8:00 a.m.
- Free parking is available
- Check-in begins at 7:00 a.m.
- 1.15 mile event participants are required to attend a **mandatory pre-race meeting at 7:45 a.m.** on race day.

1.15 MILE COURSE

The 1.15 mile swim race begins at 8:30 a.m. Participants in this event are required to attend a **mandatory pre-race meeting at 7:45 a.m.** on race day. (No wetsuits or bodysuits allowed.)

ADULTS $35
13-18 YEARS $25
12 YEARS & UNDER $15
FAMILY RATE $70 (Must be immediate family. Can be long or short course. Each family member must fill out form.)
LATE REGISTRATION (after 7/15/15) add $10

200-YARD SHORT COURSE (for kids 16 & under)

Participants may opt to swim the shorter beginner course (200 yards) to get a feel for open water. This races begins at 8:00 a.m. Awards in this event are for children 16 years and under only.

16 YEARS & UNDER $15
LATE REGISTRATION (after 7/09/14) add $10

7-WEEK TRAINING SCHEDULE
AVAILABLE NOW

To help you prepare for the Goguac Lake Swim, the YMCA offers you a free 7-Week Training Schedule. It is available now on the pool deck at the Battle Creek YMCA. Challenge yourself!

Family Y Center of Battle Creek – Goguac Lake Swim: July 18, 2015

Register in person or by mail with cash, check or credit card.
Participants must pay at the time of registration. Please include this form.

Name of Entrant _____

Address _____

City _____ State _____ ZIP _____ Phone (___) _____

E-mail _____ Age _____ Date of Birth ___/___/___ Sex: ❑ M ❑ F

Last day to receive registrations at the YMCA is 7/17/15 at noon. You may register day of the event at lake. Late registration (after 7/05/15): Add $10

Age Group:	Adults	13–18 yrs	12 yrs & under
Long Course:	$35	$25	$15
Short Course:			$15

Family Rate: $70 (immediate family only; long and short course) Each family member must fill out a form.)

NOTE: There is a mandatory pre-race meeting at 7:45 a.m. on race day for all long course participants. No wetsuits or bodysuits allowed.

In consideration of your accepting this entry form, I hereby for myself, my heirs, my executors and administrators waive and release all rights and claims for any damages I may have against the Battle Creek Family YMCA the sponsors of this event, it's agents, representatives, successors and assigns for any and all injuries suffered by me at said Marathon or which may arise out of traveling to, participating in and returning to these events.

Athlete's Signature _____
Under 18 years, parent must sign consent form.

FOR STAFF USE: Official # _____
Name _____
Phone (___) _____