



December 19 – January 7 – swim lessons change to Family Swim (see * on schedule)
All swim lessons changed to Family Swim during these 3 weeks
December 19 – January 7 – Therapy Pool open 2pm – 3:30pm

THERAPY POOL SCHEDULE – December 18 – February 18

FAMILY SWIM POLICIES Children 6 years and under must have an adult 18 years or older in the water with them at all times. Children wearing floatation devices must have an adult within reach at all times. Children 7-12 years old must be signed in with the lifeguard by a parent or guardian 18 years or older. The parent or adult 18 years or older signing the youth into the pool must remain in the building at all times.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
CLOSED	6:15 – 7AM AEROBICS	6:00-8:30AM ADULT	6:15-7AM AEROBICS	6:00-8:30AM ADULT	6:15-7AM AEROBICS	CLOSED
	7-7:30AM ADULT		7-7:30AM ADULT		7-7:30AM ADULT	
	7:30-8:15AM AEROBICS		7:30-8:15AM AEROBICS		7:30-8:30AM AEROBICS	
	8:15-9AM ADULT	8:30-9:30AM DEEP WATER	8:15-9AM ADULT	8:30-9:30AM DEEP WATER	8:30-9AM ADULT	
12-1PM ADULT	9-9:45AM TWINGES	9:30-10AM ADULT	9-9:45AM TWINGES	9:30-10AM ADULT	9-9:45AM TWINGES	9-9:45AM AEROBICS
	10-10:30AM FAMILY	10-11AM FAMILY	10-10:30AM FAMILY	10-11:00AM FAMILY	10-11:00AM FAMILY	10-10:30AM *LESSONS
1-4PM FAMILY	10:30-11AM *LESSONS		10:30-11AM *LESSONS			10:30-11AM *LESSONS
	4-5PM PARTY RENTAL	11-11:45PM TWINGES	11-11:45PM TWINGES	11-11:45PM TWINGES	11-11:45PM TWINGES	11-11:45PM TWINGES
CLOSED SWIM LESSONS BEGIN JAN 9		12-2PM ADULT	12-2PM ADULT	12-2PM ADULT	12-2PM ADULT	12-2PM ADULT
	12/18-1/7 2-3:30PM FAMILY SWIM ----- starting 1/8 2-3:30pm POOL CLOSED	12/18-1/7 2-3:30PM FAMILY SWIM ----- starting 1/8 2-3:30pm POOL CLOSED	12/18-1/7 2-3:30PM FAMILY SWIM ----- starting 1/8 2-3:30pm POOL CLOSED	12/18-1/7 2-3:30PM FAMILY SWIM ----- starting 1/8 2-3:30pm POOL CLOSED	12/18-1/7 2-3:30PM FAMILY SWIM ----- starting 1/8 2-3:30pm POOL CLOSED	
	3:30-4:30PM FAMILY	3:30-4:30PM AEROBICS	3:30-4:30PM FAMILY	3:30-4:30PM AEROBICS	3:30-8:30PM FAMILY	CLOSED
	4:50-5:20PM *LESSONS	4:30-6PM FAMILY SWIM	4:50-5:20PM *LESSONS	4:30-6PM FAMILY SWIM		
	5:30 – 6:15PM AEROBICS	6-7:00PM AEROBICS	5:30 – 6:15PM AEROBICS	6-6:45PM AEROBICS		
	6:30 -7:30PM *LESSONS		6:15 – 7:00PM ADULT SWIM/ ADULT LESSONS			
	7:30-8:30PM FAMILY	7-7:30pm ADULT	7-7:30PM *LESSONS	6:45-7:30PM PRENATAL FITNESS		
7:30-8:30PM FAMILY		7:30-8:30PM FAMILY	7:30-8:30PM FAMILY			

Schedules may also be found on the web at <http://www.ymcabattlecreek.org> Consistently Low attendance of a class may cause changes to the current schedule Please secure all bags, coats, and belongings in a locker with a padlock. Questions? Contact Kimberly Akins, Aquatics (269) 963-9622 ext 126



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25 YARD POOL SCHEDULE – December 18 - February 18

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
25 Yard Pool 82 Degrees Shallow 3 1/2 ft / Deep 10 ft Therapy Pool 90 Degrees floor goes to depth of 6 ft CLOSED	6-9:30AM LAP	6-9:30AM LAP	6-9:30AM LAP	6-9:30AM LAP	6-9:30AM LAP	CLOSED
	9:30-10:15AM AEROBICS All lanes	9:30-11AM FAMILY	9:30-10:15AM AEROBICS All lanes	9:30-11AM FAMILY	9:30-10:15AM AEROBICS All lanes	8-11AM LAP
12-1PM ADULT	10:15AM-1:30PM LAP	11AM-1:30PM LAP	10:15AM-1:30PM LAP	11AM-1:30PM LAP	10:15AM-1:30PM LAP	11-12PM *LESSONS
1-4PM FAMILY						12-2PM FAMILY/LAP
4-5PM PARTY RENTAL	1:30-3:30PM FAMILY/LAP	1:30-3:30PM FAMILY/LAP	1:30-3:30PM FAMILY/LAP	1:30-3:30PM FAMILY/LAP	1:30-3:30PM FAMILY/LAP	2-3PM PARTY RENTAL
	3:30-4PM LAP		3:30-4PM LAP			CLOSED
4-4:45PM *LESSONS	3:30-6PM LAP	4-4:45PM *LESSONS	3:30-6PM LAP	3:30-6PM LAP		
4:45-6PM LAP		4:45-6PM LAP				
6-6:45PM *LESSONS	6-8:30PM FAMILY /LAP	6-6:45PM *LESSONS	6-8:30PM FAMILY/LAP	6-8:30PM FAMILY/LAP		
7-8:30PM FAMILY/LAP		7-8:30PM FAMILY/LAP				

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